

# Curriculum Vita

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## Professional Projects

**2009-Current**  
*Recovery Systems Institute (RecoverySI)*  
*Affiliate*

RecoverySI is dedicated to improving the effectiveness of treatment through working with families, treatment professionals, and programs to promote better clinical outcomes and improve cost-effectiveness.

**2003-Current**  
*Private Practice*  
*Consultant*

Current activities include providing individual counseling in private practice, focusing on issues of spirituality and recovery, using bibliotherapy and step-based techniques. Also consulting in design of clinical interventions focusing on issues related to sexuality, spirituality, and family in the recovery process.

**1999-2003**  
*Private Practice*  
*Counselor and Consultant*

Provided private substance abuse and aftercare services in County Mayo, and in County Tipperary under the auspices of the Asieri Treatment Center in Cahir.

**1995-1999**  
*Hope House, County Mayo, Eire*  
*Clinical Supervisory Consultant*

Provided supervision and training for staff at newly-established residential substance abuse treatment program, and developed clinical materials and procedures for the program.

**1995**  
*East Metro Division of Behavioral Health*  
*Services, Inc.*  
*St. Paul, MN*  
*Chemical Dependency Evaluator and Counselor*

Working with individual and group/organizational substance abuse services providers, focusing on:

- Evaluation and Referrals
- Provider Relations
- Coordination of Services
- Community Liaison

**1991-1995**  
*Private Practice*  
*Counselor and Consultant*

For communities and organizations, developed Community Needs/ Resources Assessments and Evaluations, designed programs, performed Rule 25 assessments, provided lectures for substance abuse programs, trained counselors and other clinical personnel, and engaged in conference speaking and presentations. Served as training consultant to Hazelden European CD Counseling program. For individuals, provided recovery counseling, family and couples counseling.

**1989-1991**  
*Metropolitan Clinic of Counseling*  
*Minneapolis, MN*  
*Substance Abuse Program Specialist and Hospital*  
*Liaison*

Planned and developed high quality, cost-effective substance abuse services for five mental health clinics which also provided out-patient substance abuse treatment services. Provided consulting services to smaller "satellite" clinics which offered limited SA services. Acted as liaison between in-house and community-based chemical dependency and mental health programs. Developed and coordinated educational activities for staff and other professionals in the community on a fee-for-service basis. Facilitated the development of professional relationships with physicians, employee assistance program staff, school personnel and other professionals toward the end of establishing on-going collaborative relationships. Assisted clinic program managers in a multi-clinic system in the implementation of internal programs and quality assurance measures.

**1979-1988**  
**Metropolitan Clinic of Counseling**  
**Minneapolis, MN**  
**Senior Counselor, Outpatient CD Treatment**

Provided professional case management and intervention. Conducted primary outpatient chemical dependency and aftercare services. Acted as consultant to mental health staff for the coordination of care of dual diagnosis clients and diagnostic services. Provided work direction and training to chemical dependency counselors and other personnel.

**1980-1983**  
**Metropolitan Clinic of Counseling**  
**Minneapolis, MN**  
**Counselor and Staff Consultant**

Designed and coordinated a structured treatment program for eating disorders for the mental health division of MCC and trained replacement staff.

**1973-1977**  
**Hazelden Foundation**  
**Center City, MN**  
**Senior Counselor and Unit Coordinator**

Provided primary residential chemical dependency services and participated in training and supervision of counselor-trainees and CPE trainees. Prior to this completed an internship under the auspices of Hazelden developing a treatment program at Weston-Super-Mare, Avon, England. Immediately following completion of Hazelden counselor training program was assigned for 18 months to work as junior counselor at Hazelden's extended care program for dual diagnosis clients.

### Education

Metropolitan State University B.A., Human Services 1978

Gestalt Institute of Cleveland

Intensive two-year post-graduate training program. Certificate, 1978

University of Minnesota

Chemical Dependency training program. Certificate, 1975

Hazelden Foundation, Center City, Minnesota

Counselor Training Program. Certificate, 1973

Charles T. Miller School of Practical Nursing, St Paul, Minnesota  
Licensed Practical Nurse, 1949

### Consultation, Training and Speaking

**Trainer & Presenter (with Karen Edens), Understanding & Responding to the Client with Co-existing Substance Abuse & Psychiatric Disorder”, St. Peter Regional Treatment Center, St.Peter, Minnesota, April, 1993**

**Consultation & Community Resource Assessment for Program Development, Associacao Para o Tratamento Das Toxicos - Dependencias, Lisbon, Portugal, November 1992.**

**Trainer and lecturer, Hazelden International Counselor Training Program (with M. Brissett). County Tipperary, Ireland, February - March, 1992.**

**Presenter, MDCA Fall Conference, “Focus On Dual Diagnosis.” 1991**  
**Speaker, “Sexuality and Recovery.” Malvern Institute Conference: The Addicted Woman. Sexuality In Addiction and Recovery, Malvern, PA, 1986.**

**Speaker, “Alcoholism and Sexuality.” 16th Annual Conference of the National Alcoholism Forum, American Medical Society on Alcoholism. Atlanta, GA, April, 1985.**

**Presenter, “Alcoholism, Sexuality and Spirituality.” SECAD 6th Southeastern Conference on Alcohol and Drug Abuse, Atlanta, GA, December, 1981.**

### **Consultation, Training and Speaking**

Presentation, "The Process of Addiction." Fachklinik Bad Tönisstein, K.G., Andernach, West Germany, 1980.

Presenter, "The Problems of Sexual Adjustment During Recovery from Alcoholism." ALC 80, International Conference, Bath, England, 1980.

Presenter, "Sex Roles, Changing Roles and Middlecence." Fairview Hospital's Auxiliary Health Forum, Minneapolis, 1979.

Lecturer, Bloomington Community Health Education Program, sponsored by Fairview-Southdale Community Hospital, Workshops on "Women and Stress," 1979.

Evaluator and Interviewer for the McAlmont Corporation, Minneapolis; Lewiston, Maine Project -- community needs and resource assessment, 1978.

Program design, coordination and facilitation of a special program on issues of sexuality for chemically dependent women in treatment at Northwestern Hospital, Minneapolis, 1978.

Keynote Speaker and Panelist, Symposium on Women and Alcoholism, Eau Claire, Wisconsin, 1978.

Workshop designed and presented (with Frank Mossman) on Sexuality and Alcoholism for Twin Town Treatment Center, St. Paul, 1977.

Group Facilitator, Second International School for Counseling the Family of the Chemically Dependent, Moorhead State University, Moorhead, MN, 1977.

Presented workshop on "The Chemically Dependent Woman" to Lutheran Church women of Minnesota, Gustavus Adolphus College, St. Peter, MN, 1976.

Internship, University of Minnesota Chemical Dependency Certification program; Consultant, counselor, trainer, program developer and Lecturer at Avon Council on Alcoholism, Bristol, England and Weston-Super-Mare, England, 1975.

Faculty Member, Nebraska School on Alcoholism, University of Nebraska, Scottsbluff Session, 1974.

### **Publications**

Lecture tapes and pamphlets on Steps 8 & 9 and The Liberated Woman, published by the Hazelden Foundation, 1974, 1978, 1980, 1982.

Interview "Problems of the Chemically Dependent Woman," WWTC Radio, Minneapolis, 1975.