

# Evaluating Antisocial Behavior

## Quick Assessment Tool

A formal diagnosis should be done by a mental health professional, of course. But for a quick and dirty evaluation of a substance abusing offender, use your own psychosocial assessment to answer the following questions:

Does your client:	Score
1. Have an established pattern of arrestable activity?	1
2. Engage in crime not directly related to drug/alcohol use?	1
3. Exhibit a pattern of violent behavior?	3
4. Appear undeterred by prospect of arrest or punishment?	1
5. Have a history of arrest, violence, or conduct problems since childhood?	3
6. Repeatedly lie to cover activities other than drug or alcohol use	1
7. Assume aliases or con others for profit or pleasure?	1
8. Complain about others' inability to meet his/her needs?	1
9. Relate to you or others mostly through demands for gratification?	1
10. Have great difficulty tolerating frustration?	1
11. Seem unable to formulate realistic plans for the future?	1
12. Acknowledge a tendency towards physical fights or aggression?	1
13. Experience difficulty resolving conflicts verbally?	1
14. Antagonize others with a confrontational approach?	1
15. Intimidate others with temper?	1
16. Have "enablers" related to her/his potential for anger?	1
17. Show a pattern of aggression/intimidation to others since childhood?	3
18. Repeatedly engage in reckless behavior, endangering self or others?	1
19. Appear to be unusually egocentric?	1
20. Repeatedly engage in high-risk acts?	1
21. Exhibit lack of awareness of, or concern for, others?	1
22. Exhibit behaviors in 18-21 since childhood?	3
23. Appear chronically irresponsible in everyday life?	1
24. Show a pattern of lost jobs or aborted employment?	1
25. Repeatedly fail to honor financial obligations?	1
26. Fail to show remorse for previous actions?	1
27. Deny adverse effects of behavior on others?	1
28. Appear indifferent to others' feelings	1
29. Rationalize effects of their behavior on others?	1
30. Blame others for criminal activities?	1
31. Minimize consequences of negative behavior?	1
32. Show a pattern of absence of remorse since childhood?	3
<b>TOTAL</b>	

If the total score is above the 20-25 range, you're probably best advised to formulate a treatment plan that addresses both addiction and antisocial behavior in an approximately co-equal manner.